

Strong Clinical Research Support

It's a fact, there is more clinical documentation supporting the use of Evolution's therapy protocols than any other physical therapy system. 20 years of medical research was led by the nationally recognized Department of Orthopedics and Rehabilitation at the University of Florida and University of San Diego's Colleges of Human Performance. There are now over 100 different scientific articles and studies documenting success in such prestigious journals as the Archives of Physical Medicine, Spine Journal, and Journal of Musculoskeletal Medicine.

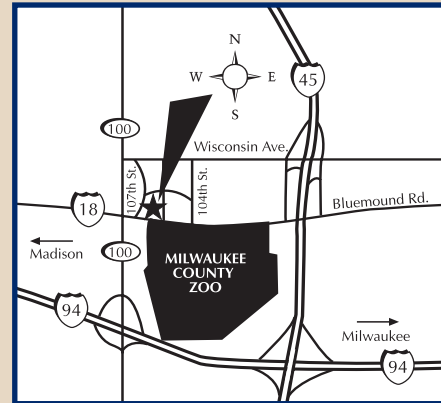


Our trained therapists are every bit as committed to your success as you are.

Insurance Coverage

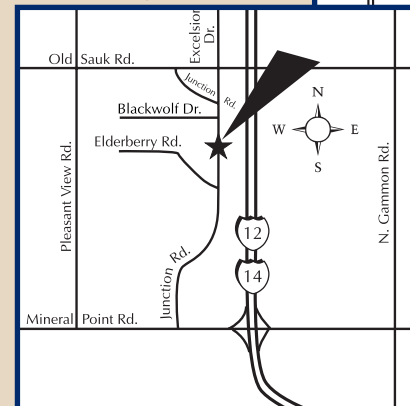
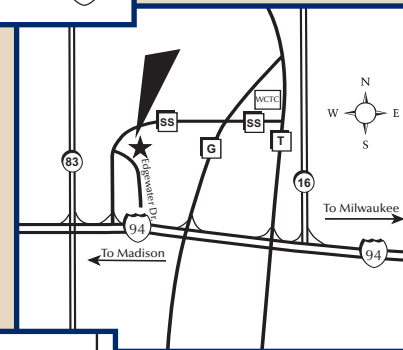
The Evolution physical therapy program is covered by most major insurance plans, including Medicare. Evolution will handle all of the required paperwork and authorizations with the insurer.

Convenient Locations in Milwaukee, Pewaukee and Madison



EVOLUTION Milwaukee is located near the intersection of Hwy. 100 and Bluemound Road across from the Milwaukee County Zoo.

EVOLUTION Pewaukee: From the East or West Exit I-94 at Hwy SS/Prospect Ave., Turn East onto Edgewater. From Hwy 16 Exit at Main Street, (WCTC) South to Hwy SS.



EVOLUTION Madison is located in the Junction Point Center, 1/2 mile North of Mineral Point Road.



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Phone: (414) 727-8812 • Fax: (414) 727-8815

N22 W27847 Edgewater Dr., Pewaukee, WI 53072

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376 Junction Road, Madison, WI 53717

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A Strong Body Knows No Pain

Where research, technology and hands-on therapy meet.

Dramatic Relief from Pain: Acute or Chronic

This is an evolutionary, multidisciplinary program of physical therapy for the testing and rehabilitation of orthopedic and soft tissue injuries of the spine and joints.

Because of Evolution, for the first time we can:

- **ELIMINATE OR REDUCE PAIN**
- Create an individualized treatment plan based on scientific data and hands-on assessments.
- Objectively and safely test and measure muscle strength and flexibility.
- Set specific, achievable functional goals so you can return to work and recreational activities.
- Isolate and strengthen muscles that support the spine and joints for concentrated, highly accelerated rehabilitation.
- Provide one-on-one, personalized, therapist-guided rehabilitation.

The Technology Advantage

Evolution's exclusive computerized muscle testing and rehab equipment can identify areas of muscle weakness and limited range of motion, and determine its specific severity. We find that many chronic pain patients are 50-75% below normal levels of strength in certain muscle groups. Using the Evolution technology, the physical therapist guides you through a series of specific muscle rehabilitation exercises. In a matter of weeks you will see your strength deficits improved and possibly eliminated entirely; resulting in decreased pain and a more active lifestyle.

Evolution therapists then teach and implement a home exercise program which can be used after treatment to maintain those newly restored muscles—thereby permanently eliminating the underlying cause of much spinal and other joint pain long-term.

A Comprehensive, Multi-disciplinary Approach

In addition to medically advanced strength technology, a patient at Evolution will also be exposed to the dynamic applications of hands-on care provided directly by a state-licensed physical therapist. The techniques used are based upon your specific needs and may include; massage therapy, home exercise, manual techniques, or treatment modalities such as ultrasound.



You'll see measurable progress, session by session.

Here are examples of conditions successfully treated by Evolution.

Head/Neck

- Pre and post surgical rehab
- Whiplash/sprains/strains
- Myofascial/neural tension
- Neuritis
- Radiculopathy
- Chronic degeneration
- Disc disorders
- Fibromyalgia
- Headaches

Knee

- Osteoarthritis
- Tendonitis
- Ligament sprains/strains
- Sports injuries
- Pre and post surgical repair
- Total knee arthroscopy

I was a 45 year old aging basketball player and was told by my surgeon that due to a torn ACL I would never again be able to play basketball without a knee brace, with or without surgery. I decided against surgery and begin physical therapy. I went to the local sports medicine clinic and received treatment that I would call a joke. I then decided to begin a program at Evolution and immediately began to see results. I made steady progress and now have normal function in my knee. I have been back on the court for a year now and I have had no problems with the knee. I do not use a knee brace. I haven't felt this good in 15 years! I want to thank Evolution for allowing me to continue athletic pursuits into middle age."

—Doug

"The Evolution approach to the treatment of back disorders from chronic sprains to herniated discs, spinal stenosis and arthritic disorders has brought significant improvements to the patients I have sent them. Having been a patient of theirs myself, I avoided a major multilevel spinal surgery due to the success of their unique approach to physical therapy. I highly recommend the Evolution therapy program to anyone with back or neck pain."

—Dr. Paul Malen,
Family medicine physician
West Allis

Shoulder/Elbow

- Tendonitis
- Bursitis
- Shoulder pain/impingement
- Golfer's/tennis elbow
- Pre and post rotator cuff repair

"I have found Evolution to be the only physical therapy program that works. A few other attempts at physical therapy before, left me skeptical at best—I was not an easy patient to win over. I quickly found the benefits of the Evolution program to be second to none. The entire staff at Evolution have been extraordinary. I can't thank any of them adequately...my neck has not felt this good in three years and without Evolution, I know I wouldn't be where I am today."

—Vicki

Low Back

- Work injuries
- Lumbar sprains/strains
- Chronic low back pain
- Herniated disc
- Multi-level degeneration
- Stenosis

Hip/Leg

- Bursitis
- Osteoarthritis
- Total hip arthroscopy
- General deconditioning post surgery
- Gait training
- Neuropathy
- Sciatic pain